



Official Newsletter for the Michigan Conference of Seventh-day Adventists:

Michigan Memo

September 2013, Volume 25, Number 8

A Cycle of Joy

—By David Shin

East Lansing University Church Pastor

In 2012, the East Lansing University Church decided to sponsor certain individuals to attend the ten-day training program at Emmanuel Institute. It was one part of an evangelistic vision and strategy to create a cyclical culture where every soul would become a dynamic soul winner. Emmanuel Institute provided the opportunity for key members to be immersed in an intensive evangelistic environment and then return to impact our church.

Carlot Dorve, a music major at Michigan State University (MSU) and a member of our church, was one of those chosen to attend the ten-day program. As I greeted Carlot at close of the program, it was evident from his countenance and enthusiasm that an evangelistic fire had been ignited.

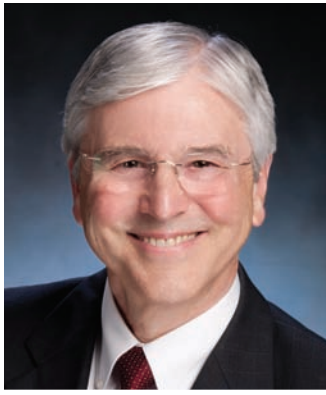
Daniel Jean-Francois, pastoral assistant at the University Church, immediately began to meet with Carlot one-on-one with follow-up training and began a systematic mentoring process. Once school began, Carlot looked for the indications of God's providence and the Spirit's leading at MSU. He asked Cori, a friend and fellow student in the music department, if she would

be interested in studying the Bible. Cori responded to the invitation and began Bible studies with Daniel. As the studies progressed and with every truth presented, Cori responded to the Spirit's leading. When Daniel made a personal appeal for baptism, Cori responded and made the decision to be baptized and to join God's remnant church. The following week, Israel Ramos, Director of Public Campus Ministries, while preaching at the University Church made a public appeal for baptism. Cori responded to the public appeal, affirming her decision. On July 27 2013, Cori was baptized into the East Lansing University Church.



Pastor Daniel Jean-Francois baptized Cori Matsui on July 27, 2013.

About the same time that Cori's journey began, Carlot engaged another friend Anthony, into personal Bible studies. Anthony, who was the son of a Baptist pastor, was stunned as Carlot unlocked the prophecy of Daniel 2. Carlot invited Anthony to continue studies with Daniel Jean-Francois and the journey began. With every study and truth revealed, Anthony saw the cohesive system of truth that was being presented. During the summer break, Anthony had to return home to his parents in Florida. Daniel continued Bible studies via Skype; Anthony, being convicted on the Sabbath, began
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President's Perspective

The Most Powerful Force in the Universe

—Jay Gallimore
Conference President

What is the most powerful force in the universe: suns, galaxies, black holes, light, darkness or gravity? In this fallen world, people would quickly agree with the Communist proverb, “Power comes from the end of a gun.” People want power. Yet, even those who seem to have acquired the most of it still end up in a grave with those who had none. However, there was one exception.

He was a paradox in human terms. No one had ever witnessed such power: the ability to feed thousands from a lunch box; or to heal the eyes of one born blind. There were no skilled physicians such as we are grateful for today, at least not to the human eye. Often when He left town, there wasn't a sick person to be found. Can you imagine? Add to that the ability to calm a raging storm with the words, “Peace, be still.” Even those closest to Him asked in quite reverent tones full of awe, “Who is this that even the wind and waves obey?”



Contrast all of that with the scene of His crucifixion. Hands so powerful in healing, were now helplessly nailed to a cross. Feet that so often carried Him on journeys of mercy, were now powerless to move from the horrible spikes. In His face were the smartest and brightest of the religious and political leaders of His day, mocking His inability to escape their trap of nails and wood. You could hear His followers weeping and moaning while watching the Roman executioners carry out their bloody work. Any reasonable person looking at the scene would have quickly concluded that this Man had no power.

But then there was nothing reasonable from a human standpoint about the Cross. How in the world could someone with this

kind of power and this brilliant of a mind end up like this? Surely, the winds and waves were still at His command. Could not He who silenced the lightning and thunder call them to His aid? It was amazing that the Romans and priests even dared to touch Him. Yet, He always seemed to have a certain weakness. They were hoping they had analyzed it right when they dragged Him off in the middle of the night to trial.

Some things had not escaped their notice. When the disciple wanted to call fire down on the Samaritans, He had chided them for forgetting who they really were. How many times had He just left when threatened? Yet, it wasn't because He lacked courage. His teachings took courage in the midst of seething nationalism.

There was no call to resist the Romans. Instead if you were compelled to go a mile by a Roman soldier, He taught you to give him an extra mile. If someone slapped your face, then turn the other cheek. Then there was that “sermon on the mount.” “Blessed are the meek, merciful, peacemakers...” It sounded so foreign, so unrealistic, so spineless. Yet He wasn't spineless when it came to calling sin by its right name.

They had not forgotten the shame poured all over them when He wrote their sins in the sand, while the woman they had trapped in adultery, watched in fear. No, they had not forgotten. That is why they planned the Cross. They wanted their day of vengeance and power over Him. Yes, Him, the One they could not move or persuade to their way of thinking; the One who over and over gave evidence that He read their minds.

They got the picture, but they didn't like it. The contrast was stark between their motivations and His. They wanted power – self exalting power. They didn't want power to bless and serve, but power that would make the world bow in terror, power that would make human beings look on them with fear. They would build their own Rome. They certainly had no intentions to serve the world. They would be its masters.

But He, with all that great and enviable power, seemed to be attracted to the very people they were not. Years later, the description of His people was enshrined in poetry on the Statue of Liberty.

“Give me your tired, your poor,
Your huddled masses yearning to breathe free,
The wretched refuse of your teeming shore.
Send these, the homeless, tempest-tossed, to me:
I lift my lamp beside the golden door.”

Yes, it is for those people that He still lifts His lamp by a golden veil.

Yet even with their great advantages, they had also felt the power of that mysterious love. Like the rich young ruler and the questioning scribe, they had been drawn almost irresistibly to His love. Part of their crowd did not resist like Nicodemus and Joseph of Arimathea. They too found that happiness in His unselfish love.

Yes, that was it. His was an unselfish love – a self-sacrificing love. He felt real sympathy with the leper and the weary mothers. He understood life’s burdens. He called everyone who was weighted down with selfish love to come to Him because His unselfish love was easy and light. He understood what self-centered love had done to this planet. He also knew what healing unselfish love could bring. It was and is the secret of human happiness.

The human race needed Someone to take their place, Someone to show them the way, Someone to suffer their wounds and die their death. That is why the hands remained nailed and the feet didn’t move from the Cross. The same power that calmed the storm could have struck dead all His tormentors.

The human race needed Someone to take their place, Someone to show the way.

But Unselfish Eternal Life held the scepter because that Someone’s very nature was to help the helpless and give hope to the hopeless. That Someone showing unselfish love was the way to an abundant life. That Someone had to honor justice and pay the price and right the wrongs of humanity’s evil. That Someone did so because He is unselfish love. In the words of Daniel, “His kingdom is an everlasting kingdom.”

Yes, unselfish love is the most powerful force in the universe. That is why the grave could not hold Him. That is why we can sing, “What a Friend We Have in Jesus.”

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attending an Adventist church in Florida. In a Skype session, Daniel made the appeal for Anthony to be baptized and join God’s remnant church. Even in the face of insurmountable pressure, Anthony made his decision. Upon returning back to MSU, Anthony was baptized on August 17, 2013 at the East Lansing University Church.



Pastor Daniel Jean-Francois baptized Anthony Burrell on August 10, 2013.

As this article is being written, Cori and Anthony, yearning to share their faith, are also being trained to be soul winners. Carlot, ecstatic with his newfound joy of seeing his friends follow the truth, has even more on-going Bible studies. Thus the evangelistic cycle of joy continues on to reach the thousands of students at Michigan State University.

Every Monday morning, the Michigan Conference staff meet together for worship and prayer. Each week, different churches, schools, literature evangelists, and community service centers are remembered in prayer. Here is the list for the month of September. Please join with us as we pray for these ministries.

- Sept 3-6 Bessemer/Greenland
Pastors Ray Holmes/Gorden Frase
Bluff View Christian School
Merrie Beth Hellman, Principal/Teacher
- Sept 9-13 Sterling Heights/Warren
Pastor Curt DeWitt
Warren Jr. Academy
Michael Riess, Principal
Heather Stein, Teacher
- Sept 16-20 Glennie/Tawas/West Branch
Pastor Mark Walker
Tawas Community Service Center
Nancy Nedwash, Director
- Sept 23-17 Charlotte/Grand Ledge
Pastor Jerryn Schmidt
Charlotte Adventist Christian
Kalia Morrison, Principal/Teacher

Metro Hits the Mall

—Joy Hyde

Communication Secretary for Metropolitan Church

Thinking outside the box, the Metropolitan (Metro) Personal Ministries team had a eureka moment when they settled on an extremely workable technique to draw folks to register for excellent health-related seminars. You have to go where the people go and where is that? It's the Mall. Knowing that hundreds of people walk past and consult with agents on a daily basis at the Customer Service booth at the 12 Oaks Mall in Novi, Michigan, the team decided to lease space directly attached to that booth.

Designing the well-appointed looking Wellness Seminar booth were Associate Pastor Joe Reeves and Bible Worker Cynthia Salinas along with Metro members, Kerry and Christopher Fannon. Besides

having eye-catching posters and back-drop, the booth had a large-screen TV showing the documentary "Forks over Knives" for visitors to view when they took breaks from their shopping expedition. Beginning Monday, July 15 through Wednesday, August 14, Metro as well as members from the Plymouth and South Lyon churches from 10:00 AM. until 9:00 PM. endeavored with busy shoppers to preregister for the upcoming *Kidlicious* and *Fit and Free* wellness seminars.

The booth laborers extolled the virtues of the *Kidlicious* seminar presenter Stephanie Howard, a registered dietician and cookbook author. They explained that Stephanie, along with her ten-year-old daughter Anneliese, would be demonstrating how to prepare nutritious, easy-to-fix meals, snacks, and desserts for kids that would embolden their children's growth and mental development. Workers at the booth displayed Stephanie and Anneliese's tantalizing cookbook, *Kidlicious*. The cookbook really touched children. Some of the kids exclaimed, "Do it mom!" or "That looks really good!" encouraging their parents to sign the preregistration form.

Also publicized at the booth was the upcoming *Fit and Free* seminar that Michigan Conference Health and Temperance Leader and author, Dr. Vicki Griffin would be spearheading. Church members explained to shoppers that Dr. Griffin, a dynamic speaker, would be sharing how to break mindsets, so that they could successfully lose weight without falling into old habits. Like *Kidlicious*, *Fit and Free* extols how food affects the mind and therefore behavior. On display were some of Vicki's books like *Food for Thought* which booth workers directed shoppers to peruse. Before the shoppers left the Wellness Seminar booth, they knew that because they pre-registered that they would be able to purchase the seminar-related books at half price.



Dick and Lorraine Lane at the Metro Mall booth at the 12 Oaks Mall in Novi, Michigan.

As the result of the many hours of meeting and greeting folks, 77 individuals signed up for either one or both of the seminars. These seminars are precursors to the upcoming *Unlocking Revelation* series that

begins on September 30 throughout the Michigan Conference District 12 churches in the Greater Detroit area. At 13 locations on this date, evangelists and pastors will begin a series of Biblical presentations extolling the virtues of a great, mighty, and merciful Savior. As part of this effort, the Metro Church, who is the mother church for a new church plant in Wixom/Commerce Township/West Bloomfield, Michigan area and with the help of the Holy Spirit, the attendees at these wellness seminars will become future members of this new congregation.

Let's Move!

Nearly one in three children in America are overweight or obese, increasing their risk for asthma, type 2 diabetes, heart disease, high blood pressure, sleep problems, depression, and bullying. Some of the contributing factors are decreased exercise, large portion sizes, too much refined foods, not enough whole grains, fruits, and vegetables, and the inability for low-income families to access healthy foods.

United States First Lady Michelle Obama launched "Let's Move" in February 2010 to help solve the problem of childhood obesity within a generation, so that kids born today reach adulthood at a healthy weight. The Seventh-day Adventist Church in North America has joined some 50 other faith and community organizations in supporting this national initiative to fight the epidemic of childhood obesity by launching Adventists InStep for Life, an initiative to assist Adventist churches, schools and health care organizations in tackling the challenge of childhood obesity.

As a part of the Adventists InStep for Life initiative, the Seventh-day Adventist Church in North America has set aside Sunday, September 23 as "Let's Move! Day." "More than ever the time has come for God's message of healing and restoration to be heard. Let's Move Day is a wonderful opportunity to make a positive impact for Christ in our communities," said Katia Reinert, MSN, CRNP, FNP-BC, PHCNS-BC, FCN, director of NAD Adventist Health Ministries. "The 'Let's Move' initiative is consistent with our church's approach to ministering to people physically, mentally, socially and spiritually," said Pastor Ted Wilson, president of the Seventh-day Adventist Church.

Our main idea is to engage kids, youth, parents, schools and the community in working together to fight obesity.

Reinert and other organizers are excited that this initiative has been accepted widely at all levels of the Seventh-day Adventist Church. "Promoting small, simple changes in physical activity and food choices in our daily and family lives can make all the difference in preventing childhood obesity," she said.

1. Develop Health Evangelism Program for 12-24 months. Include Let's Move Day as a kick-off for your fall program.



Create a flyer with the outreach programs that you will be offering from your church/school.
Decide on literature to have available during this event.

2. **Location:** Decide on the best place to have the event (church, school, park, mall)
3. **Find Partners:** Schools, hospitals, pediatricians, health care providers, fire department, scouts, gardening clubs, grocery stores
Ask each business or support to provide a 5-10 minute activity for children
 - a) Foot racing, hopping on one leg, chasing bubbles, sack race, jumping jacks, push ups
 - b) Or use Health Expo – adult and/or children expo
Encourage give-a-ways: pencils, jump ropes, water bottles, bandanas, balloons, frisbee, healthful snacksCreate a literature rack for material (free or for purchase):
 - a) Materials on health - physical, mental, and spiritual
 - b) Balance tracts, Balance magazines, etc.
4. **Find financial supports:** local businesses, supermarkets, health care providers
5. **Plan set up:** where stations/organizations will be located
6. **Plan route** for walk/run: measure distance, have bathroom accessibility, contact local police
7. **Create Registration Form:** each booth applies. Turn in completed form for a special drawing.
8. **Promote:** Flyers, posters, banners, news-releases, newspaper articles
9. **Recruit volunteers:** church, school, pathfinders, and community organizations
10. **Pray:** Pray for all aspects of the development, implementation, people involved in providing the service, and people who come.



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UP Camp Meeting 2013



Transitions in Mission



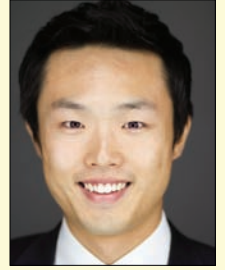
Ariel Hempel is the part-time secretary for Human Resources. Originally from Arkansas, she graduated from Ouachita Hills Academy and then attended Weimar College. Also a massage therapist, she enjoys reaching others through health and song evangelism.

Andy Im serves as Director of Graduate and Young Professional Ministry for Public Campus Ministries. He previously was the co-chair of Religion at Weimar College. His interests include working with college students and young professionals and spending time with his wife Laura.



Laura Im is the Director of Human Resources. She previously served in Planned Giving for Amazing Facts. Laura obtained her law degree from Osgoode Hall Law School in her native Canada. Laura's interests include ministering to students and young professionals with her husband Andy.

Beett Kwon was raised in Korea, the Philippines, and the United States. He has earned his Bachelor in Theology degree at Washington Adventist University and his master's degree at the Seminary. He is married to Jooseung, who has worked as a nurse in Korea prior to their marriage. Together, they will serve the Farmington and Detroit Korean churches.



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Events can be the week before or after September 22, 2013 (including Sunday, September 29)

Register your school or church: <http://www.adventistsinstepforlife.org/article/3/reporting>

Please register that you are planning to participate in the Let's Move Day initiative.

If you have a poster for the event, you can attach it at:

<http://www.adventistsinstepforlife.org/article/40/about-us/contact-us>

For more information on Let's Move Day, please visit, <http://www.adventistsinstepforlife.com>. Please contact Kasey McFarland at mcfarland@misda.org or Evelyn Kissinger at ekissinger@misda.org if you have questions.



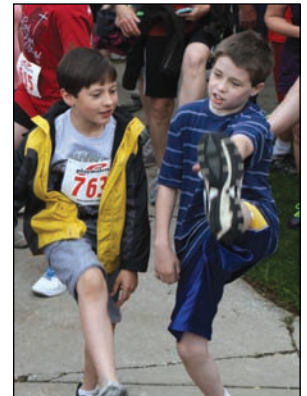
A 5K is a 3.1 mile race. Check with your physician before training. Individuals should have a good level of fitness. If the 1.5 miles is difficult, finishing in 8 weeks is not recommended.

Rest days are important. Run until you feel fatigued, then walk until recovered. If 60 minutes of walking seems too much at first, begin with about 30 minutes and add five minutes a week until you've reach 60 minutes.

Studies also show that interval exercise is effective at reducing body and belly fat. This means alternating levels of intensity while walking.

Speed up to a moderate pace for 15 seconds, then slow down to easy pace for 60 seconds. Repeat six times. Don't forget to warm up and cool down for two minutes.

Week	Sun	Mon	Tue	Wed	Thu	Fri	Sab
1	30 min walk	30-60 min walk	rest or run/walk	1.5 mi run	rest or run/walk	1.5 mi run	rest
2	1.5 mi run	30-60 min walk	rest or run/walk	1.75 mi run	rest or run/walk	1.5 mi run	rest
3	1.75 mi run	30-60 min walk	rest or run/walk	2 mi run	rest or run/walk	1.5 mi run	rest
4	2 mi run	30-60 min walk	rest or run/walk	2.25 mi run	rest or run/walk	1.5 mi run	rest
5	2.25 mi run	30-60 min walk	rest or run/walk	2.5 mi run	rest or run/walk	2 mi run	rest
6	2.5 mi run	30-60 min walk	rest or run/walk	2.75 mi run	rest or run/walk	2 mi run	rest
7	2.75 mi run	30-60 min walk	rest or run/walk	3 mi run	rest or run/walk	2 mi run	rest
8	3 mi run	60 min walk	rest or run/walk	3 mi run	rest or run/walk	2 mi run	rest
9	5K	rest					



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September

- 2 Labor Day - Office Closed
- 3-5 LUC/Conference Officers
Spiritual Retreat
- 6-8 Personal Ministries Retreat -
Camp Au Sable
- 6-8 Adventure Family Camp -
Camp Au Sable Northwoods
- 8-12 Senior Retreat - Camp Au Sable
- 12-15 Health Professionals - Camp
Au Sable
- 13-15 Pathfinder Camporee - Camp
Au Sable Northwoods
- 15-17 LE Retreat - Camp Au Sable
- 19 K-12 Board of Education -
GLAA
- 24 MI Conference Executive
Committee - Conference Office
- 27-28 ACS Fall Retreat - Camp
Au Sable
- 28 Men of Faith - GLAA
- 29 Constituency Meeting -
Cedar Lake Church

October

- 3-7 LUC Secondary Leadership -
Camp Au Sable
- 6-9 LIFT - Camp Au Sable
- 11-12 GLAA Alumni Weekend
- 11-13 Mother/Daughter Retreat -
Camp Au Sable
- 11-16 Annual Council
- 13-17 Camp Au Sable Work Week
- 16 Bosses Day
- 18-20 Lay Advisory Retreat - Camp
Au Sable
- 22 MI Conference Executive
Committee - Conference Office

WHAT'S UP

Michigan ABC Open House sale is September 8 through September 20.

Introducing the 2014 Devotional Books!
Discounts of 25% OFF on all regularly-
priced books \$5 and up by Ellen G.
White

20% Off Regularly-priced Bibles

20% OFF regularly-priced Gifts

15% OFF regularly-priced books, DVDs,
music, story & audio CDs, felts, & games
Food specials at the Lansing store only.

APPLIED Personal Ministry

Apps are small programs downloadable
on smart phones. Check out the
following resources at your fingertips
to enhance your personal ministry!

ASi Evangelism

- Downloadable full New
Beginnings presentations in
Keynote and Powerpoint
- VOP Discover Bible Lessons
- 12-15 minute audio training
- Inspirational sermons on
Why Evangelism
- Conduct a full evangelistic series from
your phone, wireless connection, and
screen/projector
- Available for iOS (iTunes) and Android
(Google Play)
- Price FREE



EGW Writings

- Download the Spirit of
Prophecy on your phone, including



the SDA Bible Commentary

- Available in nine languages (Chinese,
England, French, German, Italian,
Portugese, Romanian, Russian, and
Spanish)
- Listen to audiobooks when connected
online
- All books available
- Available for Android (Google Play) and
iOS (iTunes)
- Price FREE

Mission 360°

- Digital copy of the official
mission magazine of the
Adventist church
- Mission stories on faith
- Available for tablets only on Android
(Google Play) and iOS (iTunes)
- Price FREE



"Camp AuSable Needs YOU!" We are
looking for some volunteers who have
experience cooking for 100 or more people
and would be willing to come help our cook
prepare food for the groups who are coming
up to camp. If you have this experience,
please call Zuzana Rachal at 989-344-1456
and let her know you would like to come
volunteer.

Camp AuSable's WORK WEEK is October
13-17, 2013. This is another opportunity to
come help camp out. Call 989-344-1450 to
register for WORK WEEK.